

De activiteiten zijn door de stafmedewerker Sunita vastgelegd. De verslaglegging hiervan is in het Engels.

## **Yearly Report Orchid Garden Nepal Kalopool, Kathmandu Nepal.**

### **A. Activities of last six month ( Shrawan 2073 to Ashad 2074.)**

#### **i. Day Care :**

At Present 46 Kids are getting Day Care facilities in Orchid Garden Nepal. They have their own schedule like milk time, circle time, putty time, meal time , play time, nap time ,snacks time tec. They enjoy the fullest.

#### **ii. Celebration of Teacher's Day:**

You show us how to behave properly, you teach us invaluable lessons, and you make us learn from our mistakes.

#### **iii. Project work:**

Children carried out the project work on balance diet. They exhibited basic food items. Containing Body building food, Energy giving food, Protective giving food.



#### **iv. Audio Visual Class:**

It is the regular schedule of Orchid Garden Nepal; it is very easy to understand the topic and lesson linking with video.

#### **v. Model Work:** Models and

modeling play a crucial role in science practice. One justification for their inclusion in science teaching is that they contribute to an 'authentic' science education, where teaching reflects the nature of science as much as possible.

#### **vi. Drama on self Care:**



Children are practicing Role play on the topic of Self Care and Role and Responsibility of the Parents. Drama is helping to the children for exploring their talents.



## 2. Celebrations:

### i. Janai Purnima:

Children from OGN made beautiful Rakhi for their brothers and sisters. Teachers helped them for cerebrating the day with fun and excitement.

### ii. Father's Day:

This day is not about ordinary people, it is about special people, it is about you! This is the way OGN teachers explained the importance of parents for the safe and success in life. Children were excited to share the greeting that was made by the help of their teachers.

### iii. Teej Celebration:

Teej is one of the festivals celebrated by Hindu women. Volunteers, teachers and children enjoyed the day with delicious food and dance with special Teej song.



### iv. Dashain and Tihar Celebration:

Dashain and Tihar is the great National festivals of Nepal. Dashain and Tihar for many children it is the festival of Swing, Kites and Daushi vailo program. All the children were delighted to received Tika, Delicious food, fruits and Dance at the end of the program.

### v. Field Trip to Changu Narayan and Bhaktapur Darbur Square.

Children enjoyed the trip and the interactive nature of these places created a more conducive environment for learning as children get to see and hear things that they read about.

### vi. Trip to Zoo:

Orchid Garden Nepal took small kids to the national zoo Jawalakhel. This was the opportunity for them to see the animals live. Aside from building great memories, having with animals actually serves some pretty incredible purposes when it comes to the [emotional development](#) and even [physical health](#) of kids.

### **3. Education Support Program:**

#### **i. Jyoti Thapa and Ritika Bhatrahi Participants in IIMUN:**

Both of them are sponsors children of Orchid Garden Nepal. They took an opportunity to be a part of IIMUN and experience the India International Model United Nation (IIMUN).

#### **ii. Arts of Tarpan and Sunil in Art Exhibition:**



Two sponsors' boys Tarpan and Sunil are regularly attending the Art class in Sushila Art and Dance Academy. Some of their creation exhibited in Russian Culture Center where they met great artist of Nepal Kiran Manadhar. It was helped them to motivate for their future career.

#### **iii. Quest Trek for the younger's:**

Four youths from Orchid Garden Nepal Samjhana, week. It was organized by Mountain Child Care.

During this weekend program they will search and discover more about ourselves and their dreams. There were three Dutch participants, staffs of MCC to the Helambu region, north of Kathmandu.

#### **iv. Graduation Program for OGN Seniors:**

All together 16 Children were graduated from OGN this year. They were studying in Advanced School and New Sun Shine School.



#### **v. Seven Children completed SEE Exam 2073.**

They appeared SEE exam from respected schools. New Sun Shine School, Advanced school, Laligaresh School and Bhadra Ghale Shikshya Sadan School.



### **4. Staffs Capacity building Training:**

#### **i. Awareness Session for Autism and Counseling skills:**

Ms. Sijan Shakya, the staffs of Autism Care Nepal Gairedhara. She explained about what is Autism, its symptom, dealing, national and International scenario of Autism. OGN is a day care center for the children ages 6 months to 10 years old from the difficult circumstances.



This session was fruitful to our facilitators and parents. It will play a key role in our success for providing the balance education and proper care for their holistic development in both place OGN and at their Home.

## **ii. The training for Consultants in the field of Project, Program & Portfolio Management.**

It was Three Days training "The training for Consultants in the field of Project, Program & Portfolio Management." It was one of the best training I have ever attended. Everything was outstanding, the research person Mr. Reinhard Wagner, materials, participants and I were proud to be one who got that training. It was really good time and I enjoyed the practical sessions.

## **iii. Teacher's Training:**

Bikalpa Gyantatha Bikash Kendra organized two days Teacher's training on "Creative and Healing for Children". Ms. Sushma and Ms. Rabina were took part in the training from Orchid Garden Nepal. They learned that they have to work with children who engage the hands, head and heart. (Relax, Smile and



Smart) from two days training.



## **iv. The training on youth coaching:**

Mountain Child Care organized day training on youth coaching where one of the staffs Sushma Magar took part. After providing effective techniques from the evidence based methodology Motivational Interviewing and powerful questions from Co-Active coaching, we will practice youth coaching during role plays. Objective: to become more effective in your coaching with youngsters, especially when meeting resistance. The result: after the training you are better able to roll with resistance. Secondly you know better how to 'guide' the youngster, as opposed to the less effective strategies of 'directing' or 'following' the youngsters. Thirdly you can better read the signs of body and verbal language to create a safe environment for the youngster to work with you.

The target group consists of professional youth coaches that want to learn effective techniques to become more effective working with youngsters.

**v. Parents' empowerment session:**

OGN is providing regular counseling and empowerment sessions for the parents. It is helping them to aware of their role and responsibility for the better life of their children. They have their own dreadful and crises in their daily lives. It is not easy to be a good parent for them even though OGN is helping them to manage their time and optimum use of their limited income for balancing their lives. The role of parents is a great in upbringing their children.

**vi. Role of father for good parenting in details:**

Keeping those researches on mind Orchid Garden Nepal organized the program only for fathers. Most of the time fathers of OGN Kids were unable to manage their time for participating in counseling sessions so that OGN choose the Father's Day on 1st September 2016.



**5. Health and Hygiene program:**

**i. Health camp in OGN :** It was carried out with support from Dhulikhel Hospital. From this Health Camp more than hundreds of underprivileged children and their families got the medical support. Apart from that Kathmandu Municipality office visited to feed polio and albendazole whenever they have door to door programs.

**ii. Coordination and Collaboration:**

Collaborative works together with Kathmandu Municipality office Ward No 5 and Samudayak Sngam and local clubs for community and river cleaning programs.



### **iii. Blood Donation Program:**

Blood Donation Program together with OGN, New Sun Shine School, Lion's Club and Red Cross Society.



### **iv. Office of the District Development Committee, Kathmandu**

Local development Officer and Senior Social Development Officer

Both of them were visited Orchid Garden

Nepal for monitoring and evaluation process of the overall Programs of Orchid Garden Nepal.



Financieel jaaroverzicht stichting Orchid Garden Nepal 2016.

Banksaldo 01-01-2016 € 55.376,02

**Inkomsten:**

Sponsorbijdragen individueel NL	€ 8.719,42
Sponsorbijdragen individueel DLD	€ 9.325,00
Giften derden landen	€ 1.541,44
Sponsorbijdragen algemeen	€ 2.565,00
Bedrijven, scholen, kerken, instellingen	€ 6.936,16
Acties, waarvan de tulpenactie € 1.600	<u>€ 1.740,00</u>
	€ 30.827,02
	€ 86.203,04

**Uitgaven:**

Salariskosten OGN	€ 14.938,00
Bankkosten	€ 136,92
Reiskosten Bina i.v.m. jubileum	€ 1582,94
Huisvesting huur Bina	€ 3503,00
Website	€ 144,15
Kantoorartikelen	€ 150,30
Diversen opname + Jubileumkosten	€ 703,80
Sponsorkinderen	€ 11.368,00
Naar spaarrekening	€ 40.000,00
	<u>€ 72.527,11</u>
Banksaldo 31-12-2016	€ 13.675,93
Spaartegoed 01-01-2017	€ 81.224,31

Toelichting: Jaarverslag 2016 stichting Orchid Garden Nepal,

Bestuur:	voorzitter:	Fien van 't Sant
	Secretaris / PR Sponsorinformatie:	Martine Kingma
	Penningmeester:	Dick Douma
	Bestuurslid:	Marianne Goedegebuure
	Bestuurslid / web beheerder:	Yvonne Commandeur- van den Bos

Aantal vergaderingen 2

Nieuwsbrieven 2

Doel stichting: Fondsen werven voor kinderdagverblijf en school genaamd Orchid Garden Nepal.

In het kinderdagverblijf worden dagelijks maximaal 50 kinderen van 6 tot 18 maanden opgevangen. Deze stromen door in de Orchid Garden new English pre school. Er zijn achtereenvolgend de volgende groepen:

Day care (6 mnd – 2 jr)	45
Junior Nursery ( 2 – 3 jr),	38
Senior Nursery (3 - 4 jr),	29
LKG(4 - 5jr),	23
UKG(6 -7 jr),	26
Grade 1 (7 – 8 jr).	24
Grade 2 (8 – 9 jr.)	23
Grade 3 (10 -12 jr.)	<u>20</u>

Totaal 228

Ondersteund in scholing op andere scholen 100, hiervan zijn er 7 in een hostel school.

Vanuit Nederland worden 64 kinderen gesponsord, vanuit Duitsland 29 kinderen.

Personnel op de school: 4 didi's, dit zijn vrouwen die voor het huishoudelijk gedeelte zorgen, 10 leerkrachten 1 stafmedewerker en Bina. Een staf van 16 personen totaal.

In 2016 zijn er 85 vrijwilligers geweest, waarvan 25 internationaal.

Er is na de aardbeving in april 2015 ruim € 41.000,-- binnengekomen. Een deel hiervan is gebruikt voor eerste nood, ook kwamen lokaal veel donaties binnen die zijn ingezet. Ook de lokale overheid heeft uiteindelijk financieel mensen geholpen. Wat destijds extra op de OGN rekening is binnen gekomen is uit voorzorg overgeheveld naar de spaarrekening. Wat op de spaarrekening staat zal worden ingezet voor de aankomende uitbreiding en als reserve voor onverwachte uitgaven zodat dit ten goede komt aan de leefgemeenschap en de school. Andere gelden die door bezoekers lokaal worden gedoneerd en die niet op de OGN rekening komen worden gebruikt voor direct inzetbare middelen. Dit gaat in onderling overleg. Doel hiervan is om het geld van bezoekers ook direct inzetbaar te maken en zodoende geen geld te verspillen. Bezoekers verlangen vaak ook direct resultaat van de geboden hulp.

In overleg met Bina worden vanuit Nederland de sponsorkinderen, de leerkrachten en de vaste kosten betaald. Wat overblijft wordt op de spaarrekening gezet voor uitbreiding van de school op een nieuwe locatie. Hiervoor is een bedrag begroot dat moet worden gesplitst ten behoeve van een schoolgebouw, een vrijwilligersverblijf en een hostel. Of er een hostel kan komen is afhankelijk van wat er mogelijk is in verband met aansprakelijkheid. Er wordt pas tot uitbreiding overgegaan wanneer er voldoende middelen zijn en een geschikte locatie. Als deze door de lokale overheid wordt aangeboden hoeft er niet in grond te worden geïnvesteerd. Moet er wel in grond worden geïnvesteerd dan is uitbreiding niet mogelijk bij de huidige inkomsten. Er is een huur overeenkomst tot 2021 op de huidige locatie. Het terrein van OGN loopt de afgelopen twee jaar in het regenseizoen onder water. Om de huurovereenkomst op deze locatie te verlengen is dan ook geen optie als deze situatie niet verandert.

De kinderen die niet officieel een sponsor hebben worden ondersteund vanuit middelen die door vrijwilligers en bezoekers worden gedoneerd. Dit is o.a. in de vorm van kleding, maar ook worden er regelmatig voedsel, spelletjes en schoolbenodigheden gedoneerd. Ook worden er vanuit Nepal zelf donaties gedaan wat zeer op prijs gesteld wordt.

Kinderen die het OGN ontgroeid zijn en het onderwijs vervolgen op een andere school worden zoveel mogelijk blijvend ondersteund. Dit jaar zijn dit 100 kinderen waarvan enkele kinderen in hostel zijn. Het gebeurt gelukkig ook wel dat door begeleiding de thuissituatie wel weer verbeterd en kinderen van uit de hostel weer naar huis kunnen.